

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Caesar Salad w/Diced Chicken Croutons/Parm. Cheese Caesar Dressing Diced Peaches Dinner Roll	2 Ham w/Bourbon Raisin Glaze Sweet Potatoes Sauerkraut Apricots Rye Bread	3 Meatloaf w/Gravy Sliced Potatoes Cooked Kale Dinner Roll Applesauce	4 Chicken Calvados Sweet Potatoes Peas & Onions Whole Wheat Bread Pineapple tidbits
7 Navy Bean Soup Turkey & Cheddar Cheese on Wheat Bread Salad w/Lettuce, Grape Tomatoes & Ranch Mandarin Oranges	8 Hungarian Beef Goulash Buttered Noodles Cucumber Salad Tropical Fruit Whole Wheat Roll	9 Pork Carnitas Black Beans Romaine Lettuce Tomato Salsa Cheddar Cheese/Sour Cream Mexican Rice Diced Peaches	10 Navy Bean Soup Tuna Salad Sandwich on Wheat Bread Lettuce & Tomato Potato Salad Applesauce	11 Italian Cold Cut Meat On Sub Roll with Provolone Cheese Lettuce & Tomato Potato Salad Cole Slaw Fruit Cocktail
14 Cheeseburger with Swiss Cheese on a Bun Baked Beans Cole Slaw Cinnamon Apples	15 Swedish Meatballs Parslied Noodles Peas & Carrots Wheat Bread Apricots	16 Multi Bean Soup Curried Chicken Salad On Fresh Spinach Mandarin Oranges Grape tomatoes Wheat Bread	17 Corned Beef Baby Whole Potatoes Steamed Cabbage Steamed Carrots w/Dill Corn Muffin Sheet Cake	18 Chicken Florentine Casserole Buttered Noodles Fruit Cocktail Wheat Bread
21 BBQ Beef Hamburger Roll Cole Slaw Cinnamon Apples	22 Roast Pork Loin w/Gravy Green Bean Casserole Pasta Saute/Garlic Sauce Dinner Roll Apple Pie w/Topping	23 Baked Potato Tossed Salad Ranch Dressing Chili con Carne Shredded Cheese Applesauce Wheat Bread	24 Roast Pork Loin w/Gravy Sauerkraut Mashed Potatoes Whole Wheat Roll Fruit Cocktail	25 Ham & Egg Salad Lettuce & Tomato Whole Wheat Bread 3-Bean Salad Mandarin Oranges
28 Roast Turkey w/Gravy Seasoned Potatoes Peas & Carrots Wheat Bread Tropical Fruit	29 Pot Roast of Beef Vegetable Gravy Cucumber/Tomato Salad Dinner Roll	30 Split Pea Soup Tuna Salad Lettuce & Tomato Rye Bread Diced Pears	31 Cheddar Cheeseburger w/Sliced Cheddar on a Bun Baked Beans Cole Slaw Fruit Cocktail	Please call the senior center coordinator or meal manager 48 hours in advance to reserve a meal.

Menus subject to change~

~Milk and Juice are served with every meal~